

2010 SGV Championships Schedule

Ev. #	Time	Event	# Heats	Ev.#	Time	Event
1.	10:00	B/FS 1600m Rated	2	45.	10:00	B/FS Pole Vault
2.	10:15	G/FS 1600m Seeded	2	46.		B/V High Jump
3.	10:30	B/FS 1600m Seeded	1	47.		B/FS Shot Put
4.	10:40	G/FS 100m Hurdles	3	48.		B/FS Triple Jump
5.		G/V 100m Hurdles	4	49.		G/FS Discus
6.	11:05	B/FS 110m Hurdles	4	50.		G/V Long Jump
7.		B/V 110m Hurdles	4	51.	12:15	B/V Shot Put
8.	11:30	G/V 1600m Rated	2	52.		G/V High Jump
9.		B/V 1600m Rated	2	53.		G/V Discus
10.	12:00	G/FS 4x100 Relay	3	54.		G/FS Triple Jump
11.		B/FS 4x100 Relay	3	55.		G/FS Pole Vault
12.	12:20	G/V 4x100 Relay	3	56.		B/V Long Jump
13.		B/V 4x100 Relay	3	57.	2:30	G/FS Shot Put
14.	12:45	G/V 1600m Seeded	1	58.		B/FS Long Jump
15.		B/V 1600m Seeded	1	59.		B/FS Discus
16.	1:00	G/FS 400m	4	60.		G/V Pole Vault
17.		B/FS 400m	5	61.		G/V Triple Jump
18.	1:30	G/V 400m	3	62.		G/FS High Jump
19.		B/V 400m	5	63.	4:45	G/V Shot Put
20.	2:00	G/FS 100m	5	64.		B/V Discus
21.		B/FS 100m	5	65.		G/FS Long Jump
22.	2:30	G/V 100m	4	66.		B/V Pole Vault
23.		B/V 100m	5	67.		B/FS High Jump
24.	3:00	G/FS 3200m	1	68.		B/V Triple Jump
25.		B/FS 3200m	1			
26.	3:30	G/FS 800m	3			
27.		B/FS 800m	3			
28.	4:00	G/V 800m	3			
29.		B/V 800m	3			
30.	4:30	G/FS 300m Hurdles	2			
31.		G/V 300m Hurdles	4			
32.	4:50	B/FS 300m Hurdles	3			
33.		B/V 300m Hurdles	4			
34.	5:30	G/FS 200m	5			
35.		B/FS 200m	5			
36.	5:55	G/V 200m	4			
37.		B/V 200m	5			
38.	6:25	G/V 3200m	1			
39.		B/V 3200m	1			
40.	6:50	G/FS 4x400 Relay	2			
41.		B/FS 4x400 Relay	3			
42.	7:10	G/V 4x400 Relay	2			
43.		B/V 4x400 Relay	3			

The meet will **not** run ahead of schedule, unless we drop heats in the late afternoon

Field Events must check in with the event judge at the event site at least 15 minutes prior to the scheduled start time.

Athletes in running events and relays must check in at the clerk and declare their intent to compete no sooner than 2 hours before and at least 45 minutes prior to the event's scheduled start time. They must return to the clerk 15 minutes before the scheduled start time to receive final lane and heat assignments. Athletes who fail to comply with either of these requirements will be scratched.