

# Sierra League Finals Qualifiers – 3/30/10

## 57 Qualifiers with 119 spots (Goal: 70 qualifiers)

### 100 Meters

#### Boys Varsity – 11.74

Cameron Duffy	Sr	Jordan Lopez	Sr
Demetrius Hicks	Jr	Sean Williams	Fr

#### Girls Varsity – 13.64

Joanna Kantiok	So	Amie Jepsen	So
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#### Boys Frosh/Soph – 12.44

Jake Benson	So	Cade Lindsay	Fr
Michael Liu	So	Charles Johnson	So

### 200 Meters

#### Boys Varsity – 23.94

Dillon Downard	Jr	Derrick Erwing	Sr
Chris Gribble	Sr	Jordan Lopez	Sr

#### Girls Varsity – 28.14

Makayla Jacoub	So
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#### Boys Frosh/Soph – 26.14

Sean Williams	Fr	Michael Liu	So
Cade Lindsay	Fr	Charles Johnson	So
<b>Jake Benson</b>	<b>So</b>		

### 400 Meters

#### Boys Varsity – 54.44

Dillon Downard	Jr	Chris Gribble	Sr
Josh Hoxsey	Jr	<b>Derrick Erwing</b>	<b>Sr</b>

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Girls Varsity – **65.14**

Makayla Jacoub	So	Emily Gunstream	Fr
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Boys Frosh/Soph – **58.14**

**800 Meters**

Boys Varsity – **2:08.14**

Austin Goodheart	Sr	David Reber	So
Kelly Hernandez	Jr	Shin Yamamura	Jr
Austin Mendoza	So	Trevor Nelli	Sr

Girls Varsity – **2:40.14**

Taylor Oberlander	Sr	Maggie Su	Jr
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Boys Frosh/Soph – **2:22.14**

Ross Brunett	So	Cameron Bullock	So
Chris Vega	So	Paul Salessi	So

**1600 Meters**

Boys Varsity – **4:50.14**

Anthony Castro	Jr	Kelly Hernandez	Jr
Austin Mendoza	So	Austin Goodheart	Sr
Shin Yamamura	Jr	David Reber	So

Girls Varsity – **6:00.14**

Lauren Justus	Jr	Taylor Oberlander	Sr
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Boys Frosh/Soph – 5:20.14

Ross Brunett	So	Cameron Bullock	So
Aaron Forburger	So	Garett Hernandez	Fr
Chris Vega	So	Camron Sharp	Fr
Bryan Cisneros	So	Paul Salessi	So

**3200 Meters**

Boys Varsity – 10:30.14

Anthony Castro	Jr	Kelly Hernandez	Jr
Austin Mendoza	So	Neill Netzeband	Sr
<b>Shin Yamamura</b>	<b>Jr</b>		

Girls Varsity – 13:00.14

Lauren Justus            Jr

Boys Frosh/Soph – 12:00.14

Ross Brunett	So	Chris Vega	So
Aaron Forburger	So	Garrett Hernandez	Fr
Bryon Cisneros	So	Camron Sharp	Fr
David Reber	So		

**110/100 Meter Hurdles**

Boys Varsity – 17.14

Alex Ostrowski	Sr	Cameron Duffy	Sr
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Girls Varsity – 18.64

Hayley Cooke            Sr

Boys Frosh/Soph – 20.14

Cade Lindsay	Fr	Nick Harrington	So
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### 300 Meter Hurdles

#### Boys Varsity – 45.14

Alex Ostrowski	Sr	Johnny Welker	Jr
Michael Watkins	Jr		

#### Girls Varsity – 54.14

Hayley Cooke	Sr	Dianah Dimascio	Fr
Laura White	So		

#### Boys Frosh/Soph – 48.14

Cade Lindsay	Fr	<b>Nick Harrington</b>	<b>So</b>
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### Shot Put

#### Boys Varsity – 40'0" (12 lb)

Brad Beckwith	Sr	Brian Lovall	Sr
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#### Girls Varsity – 28'0" (4 kilo)

Kaylee Fink	Fr
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#### Boys Frosh/Soph – 35'0" (10 lb)

Mitchell Edginton	Fr	Anthony S. Castro	So
<b>Andrew Lee</b>	<b>So</b>		

### Discus

#### Boys Varsity – 115'0"

Alex Ostrowski	Sr	Brad Beckwith	Sr
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#### Girls Varsity – 85'0"

Val Brain	Sr
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Boys Frosh/Soph – 80’0”

Blake Mitchell	So	Mitchell Edginton	Fr
Andrew Lee	So	Anthony S. Castro	So

**High Jump**

Boys Varsity – 5’8”

Girls Varsity – 4’8”

Valerie Brain            Sr

Boys Frosh/Soph – 5’0”

Casey Karlen	So	Kevin Blayney	Fr
Kai Mason	Fr	Cade Lindsay	Fr

**Pole Vault**

Boys Varsity – 11’0”

Nick Harrington	So	Jake Benson	So
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Girls Varsity – 8’0”

Makayla Jacoub        So

Boys Frosh/Soph – 9’0”

Cade Lindsay            Fr

**Long Jump**

Boys Varsity – 19’0”

Alex Ostrowski	Sr	Demetrius Hicks	Jr
Dillon Downard	Jr	Aaron Stockham	Sr

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Girls Varsity – 14'6"

Amie Jepsen	So	Val Brain	Sr (Not Official)
Alexis Harding	So		

Boys Frosh/Soph – 17'6"

Kevin Blayney	Fr	Elijah Flores	Fr
<b>Charles Johnson</b>	<b>So</b>	<b>Matt Zern</b>	<b>So</b>

**Triple Jump**

Boys Varsity – 39'6"

Charles Johnson	So
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Girls Varsity – 30'0"

Amie Jepsen	So	Laura White	Jr
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Boys Frosh/Soph – 37'0"

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