

PR's – Damien/St. Lucy's Dual @ GHS (Dirt)

Notes: The boys 4x100 (Chris Gribble, Derrick Erwing, Jordan Lopez, Cameron Duffy) move from 10th to 9th with 44.21 on GHS All-Time List

<u>Athlete</u>	<u>Yr</u>	<u>Event</u>	<u>PR: New/Old</u>
Michael Castillo	Fr	1600m	5:39.39/5:40.84
Brayden Capitano	So	Shot - 10 Discus	29'0"/28'2" 73'8"/71'1"
Steven Cendejas	So	Discus	63'10"/61'2"
Josh Castro	Jr	Discus	100'2"/90'0"
Kevin Cloud	Jr	Shot Discus	31'4"/30'7" 85'0"/83'4"
Kai Dugquem	Jr	Pole Vault	10'6"/10'0"
Mitchell Edginton	Fr	Discus	97'8"/88'11"
Aaron Forburger	So	1600m	5:08.88/5:10.3
Chris Gribble	Sr	400m	53.01/53.13
Adam Johnson	Fr	1600m	6:22.24/6:25.32
Kyle Kwasnick	Sr	1600m	4:56.92/4:59.3
Larry Lai	So	100m	13.60/13.74
Brian Loh	So	1600m	5:45.4/5:45.8
Blake Mitchell	So	Discus	91'6"/90'9"
Nick Orozco	Jr	800m	2:16.83/2:24.08
Alex Ostrowski	Sr	Discus	136'8"/135'5"
Micahel Quintero	Jr	200m	24.73/24.88
Wesley Roup	Jr	1600m	6:26.04/6:27.24
Ryan Sanchez	Fr	1600m	5:20.21/5:20.98

A minimum of four marks/times are needed to establish a Personal Record

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Camron Sharp	Fr	1600m	5:12.38/5:17.62
Jon Underwood	Jr	800m	2:33.89/2:35.83
Johnny Welker	Jr	110mH	19.17/19.34c
Shin Yamamura	Jr	3200m	10:11.72/10:54.46

<u>Athlete</u>	<u>Yr</u>	<u>Event</u>	<u>PR: New/Old</u>
Jessica Anderson	Jr	Discus	68'11"/57'5"
Valerie Brain	Sr	Discus High Jump	95'10"/92'4" 4'10"/4'8"
Regina Martinez	Jr	Discus	53'0/52'9"
Allison Mayo	Jr	1600m	6:00.29/6:02.9
Michaela Mayoral	So	1600m	6:13.32/6:15.78
Kristina Sarkiss	So	1600m	6:31.70/6:37.1
Stephanie Scott	Jr	800m	2:47.81/2:48.6
Kristen Smith	Fr	1600m	6:19.41/6:40.2
Hadeel Qasem	So	Pole Vault	= 7'6"
Christina Villalobos	So	3200m	14:00.48/14:11.52
Laura White	So	Long Jump Triple Jump	14'5.75"/13'10.5" 32'8.5"/31'2.5"

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